EURORDIS
RARE DISEASES EUROPE

Rare Barometer

# RECOGNISING DISABILITIES AND BARRIERS!

## Key findings from a Rare Barometer survey on the impact of living with Fragile X Syndrome

February 2025

**10** July
**8** Sept. 2024

**24**
respondents in Europe

**2**
rare diseases represented

**12**
countries

## 1 PEOPLE WITH FRAGILE X SYNDROME LIVE WITH DISABILITIES

**10/10** people with Fragile X Syndrome live with disabilities

Q *Washington Group Short Set on Functioning (WG-SS): 100% of the participants had 'some difficulties', 'a lot of difficulties' or 'could not at all' see, hear, walk, remember/concentrate, selfcare (dressing or washing over) or communicate; Global Activity Limitation Index (GALI): 54% of the participants were limited or severely limited in performing activities that people usually do because of a health problem during the last 6 or more months; self-identification: 75% of the participants considered themselves as a person with a visible disability, an invisible disability or both. All participants (n=24).*

## 2 A MAJORITY LIVE WITH DIVERSE AND COMPLEX DISABILITIES

**96%** had difficulties with at least 2 activities :

- Seing
- Hearing
- Walking or climbing stairs
- Remembering or concentrating
- Selfcare
- Communication

Q *Percentage of people with rare diseases who had 'some difficulties', 'a lot of difficulties' or 'could not do at all' in at least 2 domains of the WGSS - All participants (n=24); The six domains of the Washington Group Short Set on Functioning (WGSS).*

## 3 PEOPLE WITH FRAGILE X SYNDROME DO NOT RECEIVE ADEQUATE SUPPORT...

**38%** **found it difficult or very difficult to obtain publicly funded support** such as attendant care support, home support, financial support, assistive technology, mobility aids or other support.

Q *'How difficult do you find it to obtain State support such as attendant care support, home support, financial support, assistive technology, mobility aids, etc.?'– All participants (n=24).*

## 4 ...AND THEY DO NOT TAKE PART IN SOCIETY ON AN EQUAL BASIS WITH OTHERS

**Most people with Fragile X Syndrome experienced discrimination:**

**71%** **experienced discimination related to the rare disease or disability** in healthcare, in employment, in education, in housing, in public accomodations or in other places.

Q *Percentage of participants who answered 'In healthcare', 'In education', 'In employment', 'In housing', 'In other public accomodations (hotel, restaurants, transport, museums, etc.)' or 'other' to 'Have you ever experienced discrimination related to the rare disease or disability?' - All participants (n=24).*

More information: eurordis.org/voices or rare.barometer@eurordis.org
Full report in English: tiny.cc/survey/RB_DailyLife

**THANK YOU** to all the people with rare diseases and family members who participated in the survey, and to Rare Barometer partners!

Rare Barometer
A EURORDIS INITIATIVE

Rare Barometer is the survey programme run independently by EURORDIS-Rare Diseases Europe and is a not-for-profit initiative. It conducts regular studies to identify the perspectives and needs of the rare disease community in order to be their voice within European and International initiatives and policy developments. Rare Barometer brings together more than 20,000 people living with a rare disease or family members to make the voice of the rare disease community stronger. For more information please visit eurordis.org/voices